PERSONAL APPOINTMENT CALENDAR

Alema Data Associator		
Name Date Appointme Re-Exam Re->	nents Given -X-ray	
One of the most important factors in recovering and maintaining your Involved muscles, ligaments, tendons, and cartilages must be strength regular schedule of treatment must be given priority.	ur health through chiropractic	is regularity in your adjustments
Please become familiar with your appointments as indicated below. T kept for your maximum benefit. If you plan a vacation, or if any other schange, please notify us in advance.		
We promise to do everything possible to help you regain and maint appointments will be sincerely appreciated.		ration in keeping your scheduled
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JANUARY FEBRUARY	MARCH	APRIL
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5 6 7 8 9 10 11 2 3 4 5 6 7 8 2	2 3 4 5 6 7 8	6 7 8 9 10 11 12
12 13 14 15 16 17 18 9 10 11 12 13 14 15 9	9 10 11 12 13 14 15	13 14 15 16 17 18 19
19 20 21 22 23 24 25 16 17 18 19 20 21 22 16	6 17 18 19 20 21 22	20 21 22 23 24 25 26
26 27 28 29 30 31 23 24 25 26 27 <mark>28</mark> 23	23 24 25 26 27 28 29	27 28 29 30
30	00 31	
MAY JUNE	JULY	AUGUST
1 2 3 1 2 3 4 5 6 7	1 2 3 4 5	1 2
4 5 6 7 8 9 10 8 9 10 11 12 13 14 6	6 7 8 9 10 11 12	3 4 5 6 7 8 9
11 12 13 14 15 16 17 15 16 17 18 19 20 21 13	i	10 11 12 13 14 15 16
18 19 20 21 22 23 24 22 23 24 25 26 27 28 20	20 21 22 23 24 25 26	17 18 19 20 21 22 23
25 26 27 28 29 30 31 29 30 27	27 28 29 30 31	24 25 26 27 28 29 30
		31
SEPTEMBER OCTOBER	NOVEMBER	DECEMBER
1 2 3 4 5 6 1 2 3 4	1	1 2 3 4 5 6
7 8 9 10 11 12 13 5 6 7 8 9 10 11 2	-	
14 15 16 17 18 19 20 12 13 14 15 16 17 18 9		

These times have been reserved for your care. If you need to change an appointment, please call the office 24 hours in advance so that we may schedule another patient for that time.

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Your appointment reservation is at	A.M. / PM. for all dates circled above
YOUR ADDOINTMENT RESERVATION IS AT	A M / PM for all dates circled above

21 22 23 24 25 26 27

28 29 30 31