## PATIENT REQUEST FOR CONFIDENTIAL COMMUNICATIONS Patient Name: Patient Address: ММ DD YY Date Of Birth: Medical Record #: Other Identifier (Social Security Number): Please consider this a request for me to exercise my rights under federal and state laws to request confidential communication of my protected health information. Check all that apply to this request: Please do not phone me at home. Use this alternate phone number to contact me: Please do not phone me at work. Use this alternate phone number to contact me: Please send me mail, including my bills, to this alternate address: Please do not leave messages on my answering machine. Please do not mail appointment reminder cards to me. Please do not contact me by e-mail. Other Request: (please describe): I understand that the physician (or provider) to whom I am making this request will make reasonable efforts to accommodate this request. I understand that I must provide an alternate address to receive bills and statements. I further understand that in some emergency situations, my protected health information may be released. Patient Signature: Date: